

Is your child struggling with their mental health and you are unsure what services might be right for them or how to access those services?

What is CMH-TCM?

Children's Mental Health Targeted Case Management (CMH-TCM) could be the support you're looking for. CMH-TCM assists children diagnosed with a mental health disorder find and maintain services in the community. Your assigned case manager will assess your child's needs and work with you to create a personalized care plan. They will connect you with community-based services and resources. Monthly check-ins will ensure the right fit with providers and can take place in your home, the community, or another convenient location.



Make a referral today!

To find out if this program is right for you or to make a referral, visit:
reachforresources.org/tcm



Scan Me!

Reach for Resources provides bilingual case management services in a variety of languages including yo hablo español.

Questions?

For general questions please contact:

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**Children's Mental Health
Targeted Case Management
(CMH-TCM)**

What can CMH-TCM help with?

Case management can help you access and provide support with:

- Community-based individual and group mental health services, such as therapy, psychiatry, & day treatment programs
- Social skills and activities
- County grants
- Academic support
- Youth employment programs
- Transportation programs
- County-funded family therapy programs
- Waiver & PCA service
- Medical Assistance programs
- Disability certification



Who qualifies for CMH-TCM?

Reach for Resources provides Hennepin County contracted case management services to children who:

- Reside in Hennepin County
- Are ages 5-21 (must complete an intake prior to their 18th birthday but can continue to receive these services until age 21)
- Have a current Diagnostic Assessment with a mental health diagnosis
- Have commercial insurance, are on Medical Assistance, PMAP or underinsured

Here's what parents say about our CMH-TCM services:

"Our case manager is great - very knowledgeable of the process and next steps. I appreciate having someone to talk to who really understands my child's case. Her case is complex and at times I feel the weight of the world on my shoulders; it is good to have someone else who truly understands it and can help make sure I am thinking clearly and making appropriate decisions. I appreciate all the time, expertise, and care our case manager puts into her job."

"Having case management has been a complete game changer for our family, and for my daughter in particular. I cannot say enough good things about our case manager, and I am so grateful for the services that we have received."

"My case manager goes above and beyond for my son and makes sure he has the right services. I couldn't ask for a better case manager!"

