



2023 Annual Report



2023 FINANCIAL SNAPSHOT

Empowering people of all-abilities to reach their full potential.

2023 BOARD OF DIRECTORS MEMBERS:

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Ellen Bittner
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Cody Holliday
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Dandy Leizens

REVENUES

Programs: \$3,724,163
Special Events: \$51,982
Contributions & Grants: \$84,368
Investment Income: \$64,378
In-Kind Donations: \$110,006
Misc. Income: \$16,471
Total: \$4,051,368

ASSETS

Current Assets: \$1,651,629
Total Assets: \$1,880,588

EXPENSES

Programs: \$3,185,443
Adaptive Recreation
& Inclusion: \$254,916
Community Living: \$1,245,516
Mental Health: \$734,415
Case Management: \$950,596
Administrative: \$601,353
Fundraising: \$254,721
Total: \$4,127,521

LIABILITIES

Total Liabilities: \$548,233
Total Equity: \$1,200,759

Dear Friends of Reach for Resources,

We remain dedicated to providing exceptional services and support to children, adults, and families throughout the state, while fostering a positive work environment for our employees. In early 2023, we gathered feedback from our staff regarding our vision, mission, and values.

Vision: Empowering people of all-abilities to reach their full potential.

Mission: We provide individualized services that maximize independence, boosts community engagement and improves physical and emotional well-being.

Core Values

- **Passion for Excellence.** We offer a variety of quality services tailored to meet the specific needs of each person we support.
- **Compassion.** We ensure the unique goals and dreams of supported individuals are met.
- **Integrity.** We are committed to honest and ethical decision making.
- **Teamwork.** We work together to create a unified approach to empowering people.
- **Respect.** We value each individual and demonstrate it through our actions and words.
- **Inclusion.** We build meaningful social connections between people and their communities.

We hope you are as excited about these updates as we are! To address the growing need for mental health services, we added a Clinical Supervisor and Counseling Services. Additionally, we introduced Therapeutic Recreation to our Adaptive Recreation program offerings. Our other services and supports remain strong.

In exciting news to round out 2023, TRAIL joined the Reach family. This subsidized transportation service provides rides for adults with developmental disabilities living in Bloomington, Eden Prairie, Edina, and Richfield to programs offered by Adaptive Recreation & Learning Exchange (AR&LE). Furthermore, Reach was named a Top 200 Workplace by the Star Tribune. It continues to be a privilege to work alongside such a passionate team of leaders and partners who ensure that the individuals we support have the opportunity to live, work, and play in their community.

Thank you for your continued support in our shared journey. We appreciate your partnership, support, and being a part of our organization.



Kate Bottiger
Executive Director

MENTAL HEALTH SERVICES

Our experienced mental health team is trained to address both disability and mental health conditions. Our services include: Adult Rehabilitative Mental Health Services, Children's Mental Health Targeted Case Management, and Parenting Capacity Services.

Total Number of People Served: 290

Adult Rehabilitative Mental Health Services (ARMHS): 83

Parenting Capacity Services (PCS): 105

Children's Mental Health Targeted Case Management (CM-TCM): 102

2023 Highlights/Accomplishments:

- Significant growth across all programs.
-

COUNSELING

We offer comprehensive in-person and virtual counseling services designed to support individuals and families in navigating life's challenges.

In Fall 2023, we re-launched our Counseling Services program and welcomed a new Director of Counseling. We're excited to grow and develop this essential service to better support our community. Our compassionate team of professionals offers personalized therapy to help with a variety of mental health concerns, including anxiety, depression, relationship challenges, and more.

LEARN MORE ABOUT OUR
COUNSELING SERVICES

reachforresources.org/Counseling



COMMUNITY LIVING SUPPORTS

Our Community Living Services help adults with disabilities increase their independence and integration into their communities.

Total Unique Individuals Supported: 242

In-Home Services: 116

Employment Supports: 109

Housing Supports: 17

Total Number of Intakes: 60

Total Number of Hours of Services: 26,079.5

2023 Highlights/Accomplishments

- Doubled the number of individuals and staff in our Employment Services
- Collaborated with other SILS providers to successfully raise the DD SILS rate
- Introduced EVV (Electronic Visit Verification) for In-Home staff
- Expanded services across all programs



CLS FEATURE: FUN AT THE PUMPKIN PATCH

In September 2023, Dan (pictured left) and his Reach team spent an afternoon volunteering at a pumpkin patch, picking pumpkins and lending a hand on the farm. Dan enjoyed the experience so much that he's excited to return and volunteer again. To read more stories about our amazing volunteers, staff, and the individuals we support at Reach, follow the link below.

reachforresources.org/news/featured-stories

CASE MANAGEMENT DD

Reach's case managers are the bridge that connects you to the services needed to live a full life. They are dedicated to creating a Community Services Support Plan that is the best reflection of the goals you would like to accomplish.

Total Unique Individuals Supported: 394

2023 Highlights/Accomplishments:

- Received excellent feedback from the 2023 audit
 - Welcomed six additional staff to the team
 - Expanded services to include more Non-Waiver clients and trained the team on this program
 - Introduced a new role within the department: Senior Case Manager
 - With the end of the Federal Public Health Emergency, case managers resumed in-person client meetings
 - Enhanced training: implemented updated, more person-centered CDCS training from Hennepin County and improved annual training programs
-

CASE MANAGEMENT-CADI/BI

Reach's CADI/BI case managers collaborate with individuals, their families, and current providers to develop a person-centered service plan tailored to the individual's unique needs and preferences, all within their waiver guidelines. Reach began supporting individuals with CADI and BI waivers in 2023.

Total Unique Individuals Supported: 109

2023 Highlights/Accomplishments:

- The first case managers were hired in April 2023
- Cases began coming in by May 2023, with over 100 cases accrued within the first 7-8 months
- Year one saw steady growth and expansion
- The majority of cases involved individuals new to the waiver; within just four months of receiving a case, clients successfully secured supportive housing, services, and medical equipment, enabling them to continue living as independently as possible

TRAIL BY REACH

TRAIL was acquired by Reach in 2023 and provides transportation for adults with developmental disabilities. We transport our riders to recreation, leisure, and educational programs offered by Adaptive Recreation & Learning Exchange (AR&LE) and by Reach, if a program is hosted in one of the designated cities.

Total Number of Programs: 197

Total Number of Rides: 1,433

Cities Supported in 2023:

- Bloomington
- Eden Prairie
- Edina
- Richfield



ADAPTIVE RECREATION & INCLUSION

Reach offers a variety of recreation programs that are specifically adapted to meet the needs of children and adults with developmental disabilities. In addition, we offer inclusion support through our partner cities' parks and rec programs.

Total Number of Unique Individuals Supported: 643

Total Hours of Adaptive Recreation Services Provided: 11,475

Adaptive Recreation:

Total Unique Individuals Served: 535+

Total Number of Unique Program Registrations: 2,846

Inclusion:

Total Unique Individuals Served: 108+

Inclusion Sessions: 721

2023 Highlights/Accomplishments

- 643+ unique participants (adaptive & inclusion combined)
- 224 programs offered
- 72% Increase in number of inclusion hours billed from 2022 to 2023 (2,518.24 hours)
- Woodbury joined our inclusion cities



VOLUNTEERISM

Volunteers play a crucial role in our ability to serve children and adults with disabilities.

Total Number of Volunteers: 57



GIVE THE GIFT OF EMPOWERMENT!

At Reach, we're dedicated to transforming lives and creating inclusive communities. Here's how you can make a difference:

- Make a Donation: Contribute today by mailing a check to our office or donating online. Simply click "Ways To Give" on our site.
- Workplace Giving: Designate Reach as your choice for workplace giving campaigns.
- Event & Team Sponsorship: Support our events and athletic teams, including the Bowl-A-Thon, Golf Tournament, Ghostly Gala, and Adaptive Sports Leagues. Sponsors are crucial to the success of these annual activities.
- Volunteer Your Time: Whether monthly or weekly, your time as a volunteer helps us run programs and manage administrative tasks. Contact us to find the perfect volunteer role for you!

Your support will help create lasting memories and skills for individuals of all abilities. With your generosity we can create a world where every person has the opportunity to reach their full potential. Contact Senior Director of Strategic Development, Emily Orr, at eorr@reachforresources.org to get involved.

CONTRIBUTORS

Reach extends heartfelt thanks to all who supported us with contributions from January 1, 2023 - December 31, 2023.

\$5,000+

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Bieber Family Foundation
Dennis & Janet Himan
Groves Foundation
Hunter Houle Memorial Fdn
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Lynn Furda
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MN Landscape Arboretum
MN Renaissance Festival
MN State Fair
MN Twins
MN Wild
MN Zoo
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Murray's Steakhouse
My Golfing Store
Naturaholic & Bee Hive
Green House
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Nick Sullivan
Nolan Rolf
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Susan Herridge
Susan Peterson
Sylvia Nelson
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Tours
Teresa Burke
The Bakken Museum
The Joint Chiropractic
Topgolf
Trader Joe's - Minnetonka
Treasure Island Resort
& Casino
Valleyfair
Van Dierauer
Voyageur North Canoe
Outfitters
Wheel Fun Rentals
William Ilika
Wok in the Park

We apologize for any inadvertent misspellings or omissions from this report. Please call 952-200-3030 to correct our records.

Number of People Supported:

Adaptive Recreation & Inclusion = 643

Community Living Supports = 242

Case Management (DD) = 394

Case Management (CADI/BI) = 109

Mental Health = 290

Total People Reach Supported in 2023 = 1,678



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