



Bingo & Brews

Date: Friday, November 15

Time: 5:00 - 9:00 p.m. | Bingo 6:00 - 8:00 p.m.
Location: Hackamore Brewing Co. - Chanhassen
Tickets: FREE to Attend | \$5 per Bingo Card

Get ready for a night of luck and laughter at our Bingo and Brews Night! Join us for a fun twist on the classic game, paired with craft brews and nonalcoholic drinks. Enjoy the chance to win awesome prizes while having a great time with your friends. 10% of all sales from 5:00 – 9:00 p.m. will go to supporting Reach. Mark your calendar and let the fun begin!

RSVP to attend

Sponsor the Event



Give the gift of inclusion!

Date: November 1-21, with November 21 being the biggest day of giving

GTM Goal: \$25,000 Matching Funds: \$5,000

Your donation helps us provide essential inclusion services so that children, teens, and adults with disabilities can participate fully in local city park and recreation programs alongside their peers, building independence, confidence, and social connections. Every dollar you give directly impacts inclusion in your community.

Thanks to the generous matching support from Suzanne Boda and George Grindahl, <u>all donations up to \$5,000 will be doubled!</u>

Double Your Gift

Become a Matching Donor

Join us in making a significant impact by becoming a matching donor for Reach for Resources during Give to the Max! Your generous contribution will

help amplify the support we can provide to individuals with disabilities through our inclusion services, ensuring they have access to essential supports. By committing to match donations, you inspire others to give, knowing their gifts will be doubled, thus maximizing the positive change we can create together. Let's unite in our mission to empower individuals and build a more inclusive community. Your support as a matching donor is crucial—together, we can make a real difference!

To learn more about matching donations, please reach out to Kate Bottiger, Executive Director at kbottiger@reachforresources.org or 952-200-5746 .

Become a Matching Donor Today



TRAIL Expands to St. Louis Park

We're excited to announce our TRAIL transportation service has expanded to St. Louis Park! TRAIL provides transportation for adults with developmental disabilities living in Bloomington, Eden Prairie, Edina, St. Louis Park, and Richfield. We offer rides to recreation, leisure, and educational programs hosted by Adaptive Recreation & Learning Exchange (AR&LE) and Reach, as long as the program takes place in one of those cities. Roundtrip rides cost \$2 per event/program.

For a rider to qualify for TRAIL:

- Must be 21 years of age
- Live in Bloomington, Eden Prairie, Edina, Richfield, or St. Louis Park
- Must be living in independent/semi-independent living situations

Each applicant will be evaluated on an individual basis.

Learn more



Now Offering Music Therapy

We are excited to announce the launch of our new Music Therapy program! Designed to enhance emotional, cognitive, and social well-being, Music Therapy offers a fun and creative way for individuals of all abilities to express

themselves. Whether you're looking to improve communication, manage stress, or simply enjoy the power of music, this program provides a supportive environment to grow and thrive. Join us as we explore the therapeutic benefits of rhythm, melody, and song!

To learn more, please reach out to our Music Therapist, Rinnah Kinney at rkinney@reachforresources.org or 952-836-9596. Join us for a free Music Therapy Info Session on November 1 from 5:30 - 6:30 p.m. at the Reach office.



Reach Apparel Now Available

Exciting news! Reach apparel is now available for purchase! From comfy t-shirts and cozy sweatshirts to mugs and even a blanket, you can show your support in style. Whether you're looking for something to wear or a gift for a friend, we've got you covered. Plus, stay tuned, more awesome apparel will be dropping in January to celebrate our 40th anniversary!

View Reach Apparel



Counseling Services - Appointments Available

We offer comprehensive in-person and virtual counseling services designed to support individuals and families in navigating life's challenges. Our team of dedicated and compassionate professionals provides personalized therapy to address a wide range of mental health concerns, including anxiety, depression, relationship issues, and more.

We believe in a holistic approach to well-being, empowering our clients to achieve their goals and improve their quality of life. Whether you're seeking individual counseling, family therapy, or group sessions, Reach for is here to help you find balance, build resilience, and reach your full potential. Discover a path to a brighter future with us.

Learn more about Counseling



Roommate Social & Housing Info Session

Date: Wednesday, November 13 Time: 12:00 - 1:00 p.m. Location: Virtual (via Teams)

Cost: FREE

Meet Reach's Housing Manager, Abi, and learn about housing funding and policies. Also, enjoy social time where prospective roommates can meet each other and connect on possible living situations. Questions? Please contact Abi at asalm@reachforresources.org or (952) 465-7750.

Register Today



Frights, Fun, & Fang-tastic Ghostly Gala!

A huge thank you to everyone who joined us for the Ghostly Gala on October 25th! This year, we had our biggest turnout ever—over 215 people! Wow!

It was a spooktacular night filled with incredible costumes, fun, and creativity. We can't wait to see you all again next year!

A special shoutout to our amazing volunteers, including <u>CrossFit City of Lakes</u> and photographer <u>Josh Zenner</u>. We couldn't have done it without you!

Thank you to our sponsors:







Bottiger Piper Family Garmon

Thompson Family





Volunteer with us!

Are you looking for an opportunity to volunteer in your community? We have a variety of different opportunities for you to get involved in our organization.

- Adaptive Recreation and Inclusion programs
- Marketing, Talent Development, or Event Committees
- Office Assistant
- Voting Empowerment
- 40 Years of Reach Committee Member
- Bowl-A-Thon
- Photographer
- & many more!

Volunteer slots are open on weekends, evenings, and during the day. Join us in making a difference! Interested in one of these opportunities? Please call/text 952-688-7598 or email volunteer@reachforresources.org.

Lean More About Volunteering



Join our Team!

Come work with us and make a difference in the lives of others! We offer a generous benefits package with a supportive work environment and opportunity for growth. Plus, we were named a Star Tribune Top Workplace in both 2023 and 2024!

Full & Part-Time Employment & Internships (paid) Current Openings >

Internship Positions (unpaid) Current Openings >

Volunteer Opportunities Learn More >

To learn more about our company culture and benefits, **click here.**

Sign up to receive job notifications





Fall Program Registration

The Fall Reach Reader is available and registration is OPEN! Don't miss your chance to join in on all the fun this fall! We've got a great line-up of awesome programs.

Check out some of our new programs including: 55+ Social Groups, Snow Ball Dance, New Years Karaoke, Sports Sampler, Weisman Art Museum, and so much more!

Download/View Fall Reach Reader

Download/Print Fall Registration Form

Online Program Registration



Winter Program Registration

The Winter Reach Reader is here, and registration is OPEN! Don't miss out on all the festive fun we've got lined up for this winter season.

Explore our exciting new programs like Teen Explorers: Bowling, Consent & Boundaries Workshop, Bowl-A-Thon, Lunch Brunch, Music Therapy, PWHL Game, Outdoor Skating, and so much more!

Download/View Winter Reach Reader

Download/Print Winter Registration Form

Online Program Registration



Upcoming Therapeutic Programs

Get ready for a fun filled fall & winter with our lineup of Therapeutic programs! Whether you're kicking off the week with Monday Funday, or trying out all the fun in our new Lunch Brunch or Sensory Fun, we've got something just for you!

Reach is approved to bill ILS therapies for recreation, music and art. Out-of-pocket payments are also accepted.

Questions about Rec Therapy? Please reach out to our Director of Adaptive Rec & Inclusion, Sally at 952-393-5880 or skyllogicalcherology.

If you would like to bill your waiver, please email, fax or mail in a registration form.

Register Online Register via Mail Fall Programs Register via Mail Winter Programs



Upcoming Programs

- OTTA: Apple Craft 11/1
- WNS: Cooking Night 11/6
- OTTA: Gingerbread Houses 11/13
- Bingo 11/15
- IAP: Weisman Art Museum 11/20
- 55+ Social Group: Artistry Starts 11/21
- Bingo & Pizza 11/21
- OTTA: Hot Cocoa & Games 11/25
- RT: Monday Funday Starts 11/25
- RT: Sports Sampler Starts 11/22

November Calendar

Donate Today

Volunteer











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