

Trail expands transportation services to Golden Valley.

Reach Golf Tournament is scheduled for July 14 at The Wilds Golf Club.

NEW! Reach in Motion transportation that helps coordinate rides through Lyft.

Empowering people of all-abilities to reach their full potential.

Spring 2025

# Reach Reader



## A Journey of Adventure, Resilience, and Giving Back



Jessie (pictured on the right) with her partner visiting Japan in the summer of 2024.

Recently, we had the pleasure of catching up with Jessie, a longtime participant in Reach programming, to hear about her latest travels and recent accomplishments. Raised in a large, close-knit family, Jessie treasures the time spent with them, as well as with her boyfriend of sixteen years. Her warm, supportive nature shines through in all aspects of her life, from her meaningful relationships to her volunteer work and her active role in the Reach community.

Jessie has been a dedicated participant in Reach's programming for many years, and her commitment to the organization is evident in her role as one of the top fundraisers for our annual Bowl-A-Thon fundraiser. Year after year, Jessie consistently achieves impressive fundraising goals, showing her passion for supporting Reach and helping others. Beyond her impressive fundraising efforts, Jessie is a strong advocate for Reach, encouraging others to look to the organization for a sense of community, to build lasting friendships, and to access valuable resources. "They have a variety of different support systems you can choose from, whether you are looking to make new friends or participate in things like counseling," Jessie mentions.

Jessie has a spirit for adventure and finds joy in traveling the world. One of her most cherished adventures was a recent trip to Japan. Jessie made her first visit to Japan around five years ago, before the pandemic. Recently, she and her partner had the opportunity to return to enjoy the scenery, food, and rich history of the country. Prior to the trip, she encouraged her partner to focus on his study of the Japanese language, and they were *(continued on page 2)*

# A Journey of Adventure, Resilience, and Giving Back (continued from page 1)

even able to meet up with his instructor while abroad! Among the many experiences she had there, she fondly recalls trying different foods like Japanese pancakes and candied fruit, watching a dolphin show, seeing the cherry blossoms in bloom, and visiting a historic Japanese castle. Jessie mentioned that she enjoys how accessible and easy to navigate urban areas of Japan are, and shares that she felt welcomed by the locals.

Back at home, Jessie stays busy as a participant in the Special Olympics and a volunteer at the Plymouth Community Center. A swimmer and bowler, she recently overcame an injury just before a swimming competition and still managed to place, showcasing her tenacity. Her friend and In-Home support staff, Grace Hamilton, describes Jessie as "tenacious" and able to "push through tough things, both for herself and others." Outside of sports, Jessie has been a dedicated volunteer at the Plymouth Community Center for two years, specializing in staffing the seasonal art displays at their gallery. Her dedication to both her community and personal pursuits makes her an admirable example for others.

We are incredibly grateful for Jessie's continued dedication to Reach, her unwavering warmth, and the positive spirit she brings to everything she does. Her commitment to helping others, both through her fundraising efforts and her supportive presence, truly makes a difference in our community. Jessie's efforts inspire us all, and we are lucky to have her as a part of the Reach family.

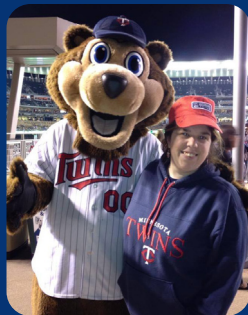


Jessie poses with one of her latest awards.

## Join Reach at a MN Twins Game!

Tuesday, May 20  
 MN Twins vs Cleveland Guardians | 6:40 p.m.  
 Target Field | 1 Twins Way, Minneapolis  
 Tickets: \$59 - \$30 (includes all fees)

Join us at the ballpark to celebrate 40 years of Reach! Cheer on the Twins as they take on the Guardians and help us honor four decades of empowering individuals and building inclusive communities. The evening will feature: anniversary recognition during the game, opportunities to connect with Reach staff and supporters, and exclusive anniversary giveaways.



Tickets are limited, so grab yours today!

**Purchase Tickets:**  
[reachforresources.org/TwinsGame](http://reachforresources.org/TwinsGame)

Group seating available in sections 126 & 331



## The Ghostly Gala Was a Hauntingly Good Time!

Thank you to everyone who joined us for our Ghostly Gala on October 25<sup>th</sup>. This year, we made history with our biggest turnout ever with over 215 people! The night was filled with spooky fun, incredible energy, and some seriously creative costumes. We're already counting down the days until next year's ghoulish gathering.



Big thank you to our volunteers: CrossFit City of Lakes, National Charity League, West Lakes Chapter, and Josh Zenner.

Thank you to our sponsors!



**Thompson Family**



**Bottiger Family**



**Piper Garmon**



# Reach Celebrates 40 Incredible Years!

We are excited to celebrate 40 incredible years of fostering inclusion, empowerment, and community support. Since our founding in 1985, we've been committed to creating a world where people of all abilities can thrive. Over the past four decades, our programs have evolved, our partnerships have deepened, and our impact has grown beyond measure. From our early days to today, our mission has remained unwavering: to provide life-changing support, therapy, and resources that uplift individuals and strengthen our community.

This milestone is more than just a reflection of time, it's a celebration of the thousands of lives that have been touched by Reach's dedicated team, compassionate volunteers, and generous supporters. It's a testament to the power of inclusion and the belief that everyone deserves the opportunity to reach their fullest potential. Over the past 40 years, Reach has expanded its services to meet the changing needs of the community, from inclusive recreation programs to personalized mental health support. Our commitment to innovation and adaptability has allowed us to remain a vital resource for individuals and families alike.



Staff photo from 2005.

"Celebrating 40 years of Reach for Resources is about honoring the incredible people who have shaped our journey," said Kate Bottiger, Executive Director of Reach. "It's a moment to reflect on the challenges we've overcome, the milestones we've achieved, and the lives we've had the privilege to support. We're so grateful to everyone who's been part of this journey, and we're looking ahead to an even brighter future."

Join us throughout the year as we honor our past, celebrate our present, and look forward to a future filled with continued growth, connection, and impact.



One of three Adaptive Rec softball teams in the summer of 2004.

## Upcoming 40 Years of Reach Celebrations

Celebrate 40 amazing years of Reach with us all year long! Stay tuned for more events and announcements. For the latest updates, be sure to follow us on social media and subscribe to our monthly newsletter at [reachforresources.org/newsletter](https://reachforresources.org/newsletter).

### February

**Ribbon Cutting** | Reach Office: 5900 Green Oak Dr., Minnetonka | February 19 | 1:00 - 2:30 pm

Join Reach and Excelsior-Lake Minnetonka Chamber of Commerce for a special ribbon-cutting ceremony to mark 40 incredible years! After the ribbon is cut, stick around for a celebration at the Reach office. Warm up with hot chocolate, tea, coffee, and tasty treats. RSVP: [reachforresources.org/40years-ribbon-cutting](https://reachforresources.org/40years-ribbon-cutting)

### March

**Amy's Cupcake Shoppe** | 701 Mainstreet, Hopkins | All of March

Stop by Amy's Cupcake this March to satisfy your sweet tooth! A portion of the proceeds from all sales goes to supporting Reach.

### May

**MN Twins Game** | Target Field: 1 Twins Way, Minneapolis | May 20 | 6:40 pm

Join Reach at the ballpark for a Twins Game! A variety ticket options are available. Purchase tickets: [reachforresources.org/TwinsGame](https://reachforresources.org/TwinsGame)

**The Vine Room** | 756 Mainstreet, Hopkins | Event in May & All of May

Sip for a cause this May at The Vine Room! Proceeds all month long support Reach. Stay tuned for additional details about an upcoming event during the month!

### June

**Friends & Family Event** | LTD Brewing, 8 8th Ave N, Hopkins | June 16

Celebrate and connect with both new and familiar faces from the Reach community.

### 40 Years of Reach Apparel

Show your support for Reach with exclusive 40th-anniversary apparel. To purchase apparel: [reach-for-resources.printify.me](https://reach-for-resources.printify.me)



# Reach in Motion

Empowering Independence Through Transportation

Reach in Motion empowers people to use county waiver funds for Lyft rides through a Lyft Pass, arranged by Reach's Transportation Manager. Once the Lyft Pass is set up, you'll enjoy the freedom to ride anywhere you need to go, without any out-of-pocket costs. All ride expenses are directly charged to your county waiver, making transportation hassle-free and accessible. Reach in Motion charges a \$28 monthly fee for the service.

This innovative service is designed to enhance independence by breaking down transportation barriers, giving people greater access to their community and opportunities.

Reach in Motion support services include:

- Expert guidance in setting up the Lyft app and creating an account
- Assistance with utilizing waiver funds for Lyft Passes
- Monthly funding allocation for the Lyft Pass
- Basic troubleshooting with the Lyft Pass



Learn More:  
[reachforresources.org/ReachInMotion](https://reachforresources.org/ReachInMotion)



## Board Of Directors

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## Bingo & Brews

Monday, March 10

12:00 – 9:00 p.m. | Bingo 6:00 – 8:00 p.m.

LTD Brewing | 8 8th Ave N, Hopkins

FREE to attend | \$5 per Bingo



Get ready for a night of luck and laughter at our Bingo and Brews event! Join us for a fun twist on the classic game, paired with craft brews, and nonalcoholic drinks. Enjoy the chance to win awesome prizes while having a great time with your friends. 20% of all sales from the day, including gift cards & apparel, will go to supporting Reach. We look forward to seeing you there!

RSVP Today:  
[reachforresources.org/Bingo](https://reachforresources.org/Bingo)



## Pop In & Play Event

Monday, April 21 | 3:00 - 5:30 pm

Becker Park | 5530 Douglas Dr N, Crystal

FREE to attend

Pop In and Play is a welcoming event for parents of children with intellectual, behavioral, and physical challenges to connect, learn, and explore Reach's inclusion services. Parents can meet staff, get tips on summer programs, and build community while kids enjoy popsicles and supervised playground fun.

Register to help us create the best experience for all!



RSVP Today:  
<https://bit.ly/PopIn25>





# ADAPTIVE RECREATION PROGRAMS

## AM I A "RESIDENT"?

Our adaptive recreation program is a cooperative effort with these cities:

- Brooklyn Center
- Brooklyn Park
- Chanhassen
- Edina
- Golden Valley
- Inver Grove Heights
- Maple Grove
- Plymouth
- St. Louis Park

If you live in another city, please pay the non-resident fee upon registration.

For more information, call 952-393-5880 or visit: [reachforresources.org](http://reachforresources.org).

All programs are pre-registration only. Registration for a program is required at least 3 days before the start date unless otherwise noted.

## EASY ONLINE REGISTRATION!

We have an online sign-up software that makes it easier than ever to find and register for programs. This software allows you to create an account, view your invoices and download a calendar with all your upcoming programs.

**Sign-up for an account:**  
[reach.recdesk.com](http://reach.recdesk.com)

## PROGRAM DETAILS

For 2025, we will be offering a variety of programs including different billable options.

### T TRAIL RIDES

- Trail by Reach transportation available for program

### VIRTUAL PROGRAMS

- Virtual via: Teams or Zoom

### IN-PERSON PROGRAMS

- Variety of locations
- Masks are welcome but not required for indoor programs

### W WAIVER ELIGIBLE\* PROGRAM

- Program billable via ILS Therapies on DD or CADI waivers
- Contact Sally Krull to learn more

\* Almost all of our programs can be billed through CDCS waivers. Contact Sally Krull to learn more.

## INCLUSION SUPPORT

Reach provides inclusion support to children and adults with disabilities who would like to participate in their city's park and recreation programs. Registration for these programs is done through your local park & rec department.

Inclusion support through Reach is offered in the cities of:

- Brooklyn Center
- Brooklyn Park
- Chanhassen
- Chaska
- Crystal
- Edina
- Golden Valley
- Inver Grove Heights
- Little Canada
- New Hope
- Plymouth
- Roseville
- St. Louis Park
- Three Rivers Park District
- Woodbury

To learn more, visit: [reachforresources.org/inclusion](http://reachforresources.org/inclusion).

After registering for a city park program, contact Reach to discuss the needs/accommodations for yourself or your child via: [inclusion@reachforresources.org](mailto:inclusion@reachforresources.org).

Please allow a minimum of two weeks notice for a successful inclusion.

## CONTACT INFORMATION

Have a question or concern about a program or need additional information? Please reach out to our Adaptive Recreation & Inclusion Department.



**Sally Krull, MA, CTRS**  
Director of Adaptive Recreation & Inclusion

**Email:**  
[skrull@reachforresources.org](mailto:skrull@reachforresources.org)

**Call or Text:**  
952-393-5880



**Brienna Max**  
Assistant Director of Adaptive Recreation & Inclusion

**Email:**  
[bmax@reachforresources.org](mailto:bmax@reachforresources.org)

**Call or Text:**  
952-393-4277

# PROGRAM POLICIES & PROCEDURES

## REGISTRATION

- All participants must be registered for a program to attend. Friends, housemates, etc. cannot attend with a registered participant without obtaining special permission from the Reach Recreation Department. If the activities are held at a community center, there are often common spaces where others can wait.
- Registrations are accepted online, in person, or by mail. Registrations are not taken at programs or over the phone.
- Register at least two weeks before the beginning of a program. Some programs do fill up, and you may be placed on a waiting list if the program is full.
- If you register for a recurring program after it has started, Reach will welcome you to join and prorate the registration fee as long as there is space in the program.
- Online registration closes three days before each program.

## REGISTRATION CONFIRMATION

- Registration confirmations will be sent to the email used during registration or the email provided on the email form.

## PAYMENT METHODS

- Reach accepts all major credit cards, cash, checks and money orders.
- CDCS waivers can be billed with guardian approval and proper paperwork.
- Traditional waivers are only accepted for ILS therapy programs (Art Therapy and Rec Therapy).

## PROGRAM & CLASS CANCELLATIONS

- While rare, Reach reserves the right to cancel a program due to circumstances beyond our control including severe weather or due to a lack of staff and/or participants.

## PROGRAM WITHDRAWAL

- Participants who call or email to withdraw from an activity at least two weeks before the activity are eligible to receive a refund. A \$5 cancellation fee will be charged per class. Refunds are not awarded with less than 2 weeks' notice or for ticketed events.
- There are no refunds for a missed program or class.
- ILS therapy classes abide by a separate cancellation policy.

## STAFF RATIOS / SUPPORT STAFF / CAREGIVERS

- Caregivers, family & support staff can attend any programs except for Independent Adult Programs.
- Staff ratios are different for each program. If a participant requires more assistance than a program offers, please provide that support by sending along a caregiver.
- Reach staff is unable to spend a lot of 1:1 time with participants. Individuals who need 1:1 support should always have support staff with them at programs.

## ARRIVING EARLY OR LATE

- Reach cannot be responsible for participants who arrive early or depart late from the scheduled program times. All participants who arrive early to a program must wait in the lobby or near the front entrance until the scheduled program time.

## LATE PICKUP FEE

- If a participant is not picked up immediately after the end of a program, a \$10 fee will be billed for every 15 minutes after the scheduled program ending time.

## ATTIRE

- Participants in art and cooking classes should dress in old clothing and/or bring a paint shirt or apron. Reach will not be responsible for clothing that is damaged.

## MEDICATIONS

- Medications, prescription, and non-prescription drugs are the sole responsibility of the participant. At no time can a Reach staff assume responsibility for or administer medications in any form.
- Reach staff can assist with lifesaving procedures (ex: EpiPen®) as long as staff are made aware of the potential need for this procedure & provided with the necessary supplies.

## ILLNESS / INJURY

- If a participant becomes ill or injured, staff will contact the emergency contact immediately. If the emergency contact can't be reached, staff will contact medical personnel.

## INFECTION CONTROL

- To minimize exposure to other participants and staff, participants are requested to stay home if they have the following symptoms/diagnoses:
- Covid-19. If you are diagnosed with Covid-19 or suspect you may have Covid-19 please follow CDC guidelines for quarantine and isolation.
- An upper respiratory infection such as bronchiolitis or influenza.
- Fever of 100 degrees Fahrenheit or over within the past 24 hours. Individuals must be fever-free WITHOUT the use of Tylenol or other fever-reducers for at least 24 hours.
- Vomiting or diarrhea within the past 24 hours.
- Head lice or pink-eye (must be on eye-drops for at least 24 hours before attending).
- Strep-throat or any other illness that requires antibiotics. Individuals must be on antibiotics for at least 24 hours before attending a program.



## **ALL PROGRAM & PROCEDURES**

To read all of our Adaptive Recreation & Inclusion procedures, please visit: [bit.ly/RecPolicies](https://bit.ly/RecPolicies).



# COOKING & CRAFTS

## COOKING NIGHT: SAUSAGE GNOCCHI



Discover the art of cooking as you prepare a savory dish of sausage gnocchi! Learn simple steps to create this hearty and delicious meal, then enjoy your culinary masterpiece with friends.

DAYS	DATE	TIME
Tue.	4/8	6:00-7:30 p.m.
Location	Sandburg Middle School: Room 226 (enter through door 1); 2400 Sandburg Ln., Golden Valley, MN 55427	
Age	16+	
<b>FEE</b>	\$20 resident / \$21 non-resident	



## COOKING NIGHT: FAUX FRIED CHICKEN



Dive into a healthier spin on this comfort food by making faux fried chicken. This interactive cooking session will teach you how to achieve all the flavor with none of the guilt, perfect for sharing with family and friends.

DAYS	DATE	TIME
Tue.	5/20	6:00-7:30 p.m.
Location	Sandburg Middle School: Room 226 (enter through door 1); 2400 Sandburg Ln., Golden Valley, MN 55427	
Age	14+	
<b>FEE</b>	\$20 resident / \$21 non-resident	



## CRAFT: MOTHER'S DAY SCRABBLE TILES



Show your love with a custom Mother's Day craft made from scrabble tiles! Spell out a heartfelt message and create a meaningful keepsake that's perfect for gifting to someone special.

DAYS	DATE	TIME
Thu.	4/17	6:00-7:30 p.m.
Location	Brookview Community Center: Valley Rooms North & South; 316 Brookview Pkwy. S, Golden Valley, MN 55426	
Age	5+	
<b>FEE</b>	\$16 resident / \$18 non-resident / \$10 companion	

## CRAFT: SPRING GNOMES



Bring a little whimsy to your springtime with these adorable DIY gnomes! Perfect for adding a cheerful touch to your home or garden, this craft is as fun to make as it is to display.

DAYS	DATE	TIME
Tue.	5/13	6:00-7:30 p.m.
Location	Chanhasen Community Center: Community Room; 2310 Coulter Blvd., Chanhasen, MN 55317	
Age	5+	
<b>FEE</b>	\$16 resident / \$18 non-resident / \$10 companion	



## REC DESK TRAINING



Learn how to navigate our online registration system with ease in this hands-on training session! We'll guide you through signing up for programs, viewing your personalized calendar, and adding yourself to waitlists.

DAYS	DATE	TIME
Tue.	4/8	6:00-7:30 p.m.
Location	Microsoft Teams (virtual)	
Age	All Ages	
<b>FEE</b>	FREE	



# SPORTS & RECREATION

## PUZZLERS PUZZLE GROUP

Dive into the world of puzzles with fellow enthusiasts! Collaborate on challenging jigsaw puzzles, share tips and tricks, and enjoy the satisfaction of piecing together something amazing.

DAYS	DATE	TIME
Tue.	4/29-5/20	2:00-3:30 p.m.
Location	Reach for Resources; 5900 Green Oak Dr., Suite 303, Minnetonka, MN 55343	
Age	16+	
<b>FEE</b>	\$48 resident / \$54 non-resident	



## BOWLING LEAGUE

Join our non-competitive bowling league, which provides a fun and inclusive environment. Registration includes two games of bowling per week and shoes. *\*off 5/24*

### NEW HOPE

DAYS	DATE	TIME
Sat.	4/5-5/31	12:00-2:00 p.m.
Location	New Hope Bowl; 7107 N 42nd Ave., New Hope, MN 55427	
Age	5+	
<b>FEE</b>	\$84 resident / \$93 non-resident	

### PARK TAVERN

DAYS	DATE	TIME
Sat.	4/5-5/31	10:00 a.m.-12:00 p.m.
Location	Park Tavern; 3401 Louisiana Ave. S, St. Louis Park, MN 55426	
Age	5+	
<b>FEE</b>	\$84 resident / \$93 non-resident	



## ADAPTIVE YOGA

Stretch, breathe, and unwind with a rejuvenating yoga session designed for all experience levels. Focus on improving flexibility, strength, and relaxation in a supportive and calming environment. Taught by our Adaptive Recreation & Inclusion Specialist, Emily W., who is a certified yoga instructor.

DAYS	DATE	TIME
Thu.	4/17-5/8	7:15-8:15 p.m.
Location	Plymouth Community Center: Studio; 14800 34th Ave N., Plymouth, MN 55447	
Age	16+	
<b>FEE</b>	\$40 resident / \$44 non-resident	



## MN TWINS GAME

Join a large group of friends to watch the MN Twins take on the Cleveland Guardians! Note any accessibility needs when registering. **Companions MUST register to attend.**

DAYS	DATE	TIME
Tue.	5/20	6:40-9:30 p.m.
Location	Target Field; 1 Twins Way, Minneapolis, MN 55403	
Age	All Ages	
<b>FEE</b>	\$26	



# GAMES & MOVIES

## BINGO



Join us for a fun and exciting event where players can test their luck and compete for prizes while enjoying great company. We strive to ensure everyone is a winner. Light snacks will be provided.

DAYS	DATE	TIME
Thu.	3/27	6:00-7:30 p.m.
Location	Brookview Community Center: Valley Rooms North & South; 316 Brookview Pkwy. S, Golden Valley, MN 55426	
Age	13+	
<b>FEE</b>	\$10	

DAYS	DATE	TIME
Mon.	5/6	6:00-7:30 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	13+	
<b>FEE</b>	\$10	

## CARD PLAYING GROUP: THE CARD CORNER



Join us for an evening of fun, learning, and friendly competition as we explore a variety of card games! Whether you are mastering a classic favorite or discovering something new, this group is perfect for building skills, having fun, and sharing laughs with friends.

DAYS	DATE	TIME
Wed.	4/2-4/23	3:30-4:30 p.m.
Location	Reach for Resources; 5900 Green Oak Dr., Suite 303, Minnetonka, MN 55343	
Age	14+	
<b>FEE</b>	\$40 resident / \$44 non-resident	

## SNACKS & CINEMA



Relax with some friends and enjoy a movie night complete with snacks.

### FANTASTIC BEASTS AND WHERE TO FIND THEM (PG-13)

Join us for an enchanting movie night featuring magical creatures and exciting adventures in the wizarding world. Enjoy a selection of delicious snacks while watching this fan-favorite film.  
Runtime: 2hr 13mins

DAYS	DATE	TIME
Thu.	4/1	6:00-8:30 p.m.
Location	Edina Senior Center: Room 2; 5280 Grandview Square # 101, Edina, MN 55436	
Age	13+	
<b>FEE</b>	\$6 resident / \$8 non-resident	

### THE SANDLOT (PG)

Relive the nostalgia of summer with this classic coming-of-age movie about baseball, friendship, and adventure. Kick back with tasty treats and enjoy the ultimate feel-good film.  
Runtime: 1hr 42mins

DAYS	DATE	TIME
Thu.	5/8	6:00-8:00 p.m.
Location	Brooklyn Park Community Activity Center: Grand Room 1; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	13+	
<b>FEE</b>	\$6 resident / \$8 non-resident	

## BINGO & PIZZA



Join us for a fun and casual event that brings together two beloved pastimes. Enjoy delicious pizza while playing various Bingo games for a chance to win prizes and engage in friendly competition with friends. **Companions only need to register if they plan to eat pizza.**

DAYS	DATE	TIME
Fri.	4/18	6:00-7:30 p.m.
Location	Chanhassen Community Center: Community Room; 2310 Coulter Blvd., Chanhassen, MN 55317	
Age	13+	
<b>FEE</b>	\$18 resident / \$20 non-resident / \$9 companions	

DAYS	DATE	TIME
Fri.	5/16	6:00-7:30 p.m.
Location	Brooklyn Center Community Center: Constitution Hall; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	13+	
<b>FEE</b>	\$18 resident / \$20 non-resident / \$9 companions	



# SOCIAL ACTIVITIES

## BACH TO ROCK



Bach to Rock: Fun with Music is a one-of-a-kind program, offering music education for adults. This program gives people a strong foundation of music skills. Plus, it gives adults the chance to try out a wide range of instruments. In Fun with Music, people get hands-on music education with instruments like the piano, guitar, and drums.

DAYS	DATE	TIME
Mon.	3/24-3/31	6:00-7:00 p.m.
Location	Bach to Rock Minnetonka: 4783 County Rd. 101, Minnetonka, MN 55345	
Age	14+	
<b>FEE</b>	\$32 resident / \$36 non-resident	

DAYS	DATE	TIME
Mon.	4/7-4/28	6:00-7:00 p.m.
Location	Bach to Rock Minnetonka: 4783 County Rd. 101, Minnetonka, MN 55345	
Age	14+	
<b>FEE</b>	\$64 resident / \$72 non-resident	

DAYS	DATE	TIME
Mon.	5/5-5/26	6:00-7:00 p.m.
Location	Bach to Rock Minnetonka: 4783 County Rd. 101, Minnetonka, MN 55345	
Age	14+	
<b>FEE</b>	\$64 resident / \$72 non-resident	

## HALF DAY EXCURSION: MILL CITY MUSEUM



Explore the story of Minneapolis' flour milling industry, enjoy interactive exhibits, and take in breathtaking views of the Mississippi River from the museum's observation deck. Perfect for history buffs and adventurers alike, this experience brings the past to life in a dynamic and engaging way. Museum ticket included in the price. **Please bring \$10-\$20 if you would like to purchase snacks, beverages, or souvenirs from the gift shop.**

DAYS	DATE	TIME
Sat.	4/26	1:00-3:30 p.m.
Location	Mill City Museum; 704 S 2nd St., Minneapolis, MN 55401	
Age	18+	
<b>FEE</b>	\$40 resident / \$44 non-resident /\$15 companions	

## SOCIAL SEEKERS



This program is for teens and adults on the Autism spectrum. We meet once a week for fun and social interaction. We play games, solve riddles, and enjoy working through our weekly highs and lows together. It is a welcoming space to build friendships, practice social skills, and share in a supportive community. Call 952-393-4277 for more information or to schedule an intake meeting.

DAYS	DATE	TIME
Thu.	4/3-6/5	5:00-6:30 p.m.
Location	Ridgedale Library; 12601 Ridgedale Dr., Minnetonka, MN 55305	
Age	16+	
<b>FEE</b>	\$140 resident / \$150 non-resident	

## FLOWER POWER SPRING DANCE



Step into spring with style at our Flower Power Dance. Enjoy an evening of music, dancing, and fun in a vibrant, flower-themed atmosphere. Dress up, show off your best moves, and celebrate the season with friends old and new.

DAYS	DATE	TIME
Fri.	4/25	6:00-7:30 p.m.
Location	Plymouth Community Center: Banquet Room; 14800 34th Ave. N, Plymouth, MN 55447	
Age	13+	
<b>FEE</b>	\$10 pre-registration required	





# TEEN EXPLORERS

Our Teen Explorers group aims to build social skills, as well as engagement in our community and the natural world. This program is open to individuals of all abilities and participants can bring a staff or caregiver if additional support is needed.

**Age:** 13-22

## TE1: GAMES & COOKIES

Join us to enjoy a wide variety of fun board games and indulge in delicious cookies.

DAYS	DATE	TIME
Fri.	4/4	4:30-6:00 p.m.
Location	XX XX XX	
Age	13-22	
<b>FEE</b>	\$10 resident / \$11 non-resident	

## TE2: NATURE CRAFTING

Unleash your creativity and connect with the outdoors with a crafting night.

DAYS	DATE	TIME
Mon.	4/21	4:30-6:00 p.m.
Location	SLP Rec Center: Gallery Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	13-22	
<b>FEE</b>	\$15 resident / \$17 non-resident	

## TE3: FLOWERS & PHOTOS

Discover the beauty of blooming wildflowers while honing your photo skills.

DAYS	DATE	TIME
Thu.	5/22	4:30-6:00 p.m.
Location	SLP Rec Center: Gallery Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	13-22	
<b>FEE</b>	\$10 resident / \$11 non-resident	

# INDEPENDENT ADULT PROGRAMS

This independent social program is for adults and young adults who want to explore their community with minimal support. This program is offered at a 1:15 staff ratio and companions cannot attend the programs. **A brief intake is required. If you have not had an intake in the last five years, you must schedule one before registering.** To schedule an intake, please email [bxm@reachforresources.org](mailto:bxm@reachforresources.org) or call 952-393-4277.

**Age:** 18+

## IAP1: MINI GOLF

Get ready for a fun-filled mini-golf adventure! **Please bring \$10-\$20 if you would like to purchase snacks.**

DAYS	DATE	TIME
Mon.	3/31	6:00-7:00 p.m.
Location	Lilli Putt Miniature Golf; 1349 Coon Rapids Blvd. NW, Coon Rapids, MN 55433	
Age	18+	
<b>FEE</b>	\$15 resident / \$17 non-resident	

## IAP2: FAIRY HOUSES

Tap into your imagination as you design whimsical fairy houses using natural materials with friends.

DAYS	DATE	TIME
Thu.	4/10	6:00-7:30 p.m.
Location	Brooklyn Park Community Activity Center: Grand Room 1; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	18+	
<b>FEE</b>	\$15 resident / \$17 non-resident	

## IAP3: EARTH DAY

Create eco-friendly crafts and learn about some simple ways to make a positive impact on the environment.

DAYS	DATE	TIME
Sat.	4/22	2:00-3:30 p.m.
Location	SLP Rec Center: Gallery Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
<b>FEE</b>	\$10 resident / \$11 non-resident	

## IAP4: GOAT YOGA

Combine fitness, fun, and furry friends with this one-of-a-kind yoga experience featuring playful goats! Join us for a relaxing and joyful session where you'll stretch, strengthen, and laugh alongside our friendly goat companions. Perfect for all skill levels, this unique class brings together the benefits of yoga and the pure happiness of connecting with animals.

DAYS	DATE	TIME
TBD	TBD	TBD
Location	Historic Eidem Farm; 4345 101st Ave. N, Brooklyn Park, MN 55443	
Age	18+	
<b>FEE</b>	\$15 resident / \$17 non-resident	

# THERAPEUTIC PROGRAMS

Reach is approved to bill ILS therapies for Recreation, Music and Art Therapy. Please contact us if you'd like to bill your waiver. Out-of-pocket payments are also accepted.

## RT: DANCE WORKOUT

Get ready to move, groove and sweat with our dynamic dance workout program! Follow along with our energetic instructor in a series of fun and engaging dance routines that will help you burn calories, boost your fitness, and unleash your inner dancer. You can join in person or virtually via Teams.

DAYS	DATE	TIME
Fri.	4/4/-4/25	10:30-11:30 a.m.
Location	Plymouth Community Center: Studio 2A; 14800 34th Ave. N, Plymouth, MN 55447 OR Microsoft Teams (virtual)	
Age	18+	
<b>FEE</b>	\$163.20	

DAYS	DATE	TIME
Fri.	5/2-5/23	10:30-11:30 a.m.
Location	Plymouth Community Center: Studio 2A; 14800 34th Ave. N, Plymouth, MN 55447 OR Microsoft Teams (virtual)	
Age	18+	
<b>FEE</b>	\$163.20	



## RT: MONDAY FUNDAY

This daytime program offers opportunities for social connection and exercise with peers. We'll do a new activity each week including Bingo, Charades, crafts, workouts, and nature-based activities.

DAYS	DATE	TIME
Mon.	3/31-4/21	2:30-4:00 p.m.
Location	Reach for Resources; 5900 Green Oak Dr., Suite 303, Minnetonka, MN 55343	
Age	18+	
<b>FEE</b>	\$244.80	

DAYS	DATE	TIME
Mon.	4/28-5/19	2:30-4:00 p.m.
Location	Reach for Resources; 5900 Green Oak Dr., Suite 303, Minnetonka, MN 55343	
Age	18+	
<b>FEE</b>	\$244.80	



## RT: SMALL GROUP PAINTING

This small group class is designed to provide a safe and supportive space for adults with disabilities to express themselves through painting. Participants can explore their emotions, build self-esteem and develop new coping skills in a therapeutic setting while creating a new project each week.

DAYS	DATE	TIME
Wed.	4/30-5/21	2:30-4:00 p.m.
Location	Reach for Resources; 5900 Green Oak Dr., Suite 303, Minnetonka, MN 55343	
Age	18+	
<b>FEE</b>	\$244.80	



# THERAPEUTIC MUSIC PROGRAMS

Reach is approved to bill ILS therapies for Music Therapy. Please contact us if you'd like to bill your waiver. Out-of-pocket payments are also accepted.

## RT: YOUTH MUSIC THERAPY

This youth-focused group, led by a board certified music therapist, welcomes all skill levels. It provides a supportive space for young participants to express themselves, build social connections, and boost their mood through the power of music!

DAYS	DATE	TIME
Tue.	4/8-5/27	4:30-5:00 p.m.
Location	Reach for Resources; 5900 Green Oak Dr., Suite 303, Minnetonka, MN 55343	
Age	9-13	
<b>FEE</b>	<b>\$340</b>	

## RT: TEEN MUSIC THERAPY

This teen-focused group, led by a board certified music therapist, welcomes all skill levels. It provides a supportive space for teen participants to express themselves, build social connections, and boost their mood through the power of music!

DAYS	DATE	TIME
Tue.	4/8-5/27	5:30-6:15 p.m.
Location	Reach for Resources; 5900 Green Oak Dr., Suite 303, Minnetonka, MN 55343	
Age	14-17	
<b>FEE</b>	<b>\$340</b>	

## RT: ADULT MUSIC THERAPY

This adult-focused group, led by a board certified music therapist, welcomes all skill levels. It provides a supportive space for adult participants to express themselves, build social connections, and boost their mood through the power of music!

DAYS	DATE	TIME
Wed.	4/9-5/28	10:00-10:45 a.m.
Location	Reach for Resources; 5900 Green Oak Dr., Suite 303, Minnetonka, MN 55343	
Age	18+	
<b>FEE</b>	<b>\$340</b>	

# Trail by Reach Transportation

Trail by Reach is our transportation service for adults with developmental disabilities living in Bloomington, Eden Prairie, Edina, Golden Valley, St. Louis Park, and Richfield. We offer convenient and affordable transportation to recreation, leisure, and educational programs hosted by Adaptive Recreation & Learning Exchange (AR&LE) and Reach in these designated cities. **Enjoy roundtrip rides for just \$2!**

To qualify to be a Trail rider, an individual must be 21 years or older and live independently or semi-independently in Bloomington, Eden Prairie, Edina, Golden Valley, Richfield, or St. Louis Park.

**Learn More & Register!**  
reachforresources.org/Trail

**Questions?**  
Jill Squires, Transportation Manager  
612-401-6395  
TRAIL@reachforresources.org





# ON THE TOWN: ALL ABILITIES

This community-based social program is for adults and young adults who want to explore their community. Companions are welcomed and an intake meeting is not required.



Age: 18+

## OTTA1: TIE-DYE NIGHT

Whether you're a seasoned pro or a first-time tie-dyer, this night is perfect for all skill levels. Come out, get your hands colorful, and leave with a new masterpiece.

DAYS	DATE	TIME
Mon.	4/7	6:00-7:00 p.m.
Location	Brooklyn Park Community Activity Center: Arts/Craft Room; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	18+	
<b>FEE</b>	\$13 resident / \$14 non-resident	



## OTTA2: SCAVENGER HUNT

Explore the beauty of nature while searching for hidden treasures and completing fun challenges. This is a perfect way to connect with nature while having fun with friends.

DAYS	DATE	TIME
Tue.	4/15	6:00-7:30 p.m.
Location	French Regional Park; 12605 Rockford Rd., Plymouth, MN 55441	
Age	18+	
<b>FEE</b>	\$10 resident / \$11 non-resident	

## OTTA3: DINNER AT NONGS THAI CUISINE



Known for its authentic Thai flavors and welcoming atmosphere, Nong's offers the perfect dining experience. **Please bring \$20-\$30 to order off the menu.**

DAYS	DATE	TIME
Thu.	4/24	6:00-7:30 p.m.
Location	Nong's Thai Cuisine; 2520 Hillsboro Ave. N, Golden Valley, MN 55427	
Age	18+	
<b>FEE</b>	\$10 resident / \$11 non-resident	

## OTTA4: MINUTE TO WIN IT GAMES

Challenge yourself and your friends in a series of fast-paced and hilarious games! These quick, creative challenges are sure to keep everyone entertained.

DAYS	DATE	TIME
Mon.	5/5	6:00-7:30 p.m.
Location	Brooklyn Center Community Center: Cohen Room; 6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430	
Age	18+	
<b>FEE</b>	\$12 resident / \$13 non-resident	



## OTTA5: SUNDAES & JEOPARDY



Enjoy something sweet while playing a game of Jeopardy with friends. Create your perfect dessert with a variety of tasty toppings and let the competition begin!

DAYS	DATE	TIME
Thu.	5/15	6:00-7:30 p.m.
Location	SLP Rec Center: Gallery Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
<b>FEE</b>	\$12 resident / \$13 non-resident	

## OTTA6: SEED PAPER

Learn to make beautiful and eco-friendly seed paper that you can plant and watch grow. This hands-on activity is perfect for celebrating spring and giving back to nature.

DAYS	DATE	TIME
Tue.	5/27	6:00-7:30 p.m.
Location	Brooklyn Park Community Activity Center: Grand Room 3; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	18+	
<b>FEE</b>	\$10 resident / \$11 non-resident	



# WEDNESDAY NIGHT SOCIAL

The goal of this program is to become more engaged in our communities and to build social skills, coping skills, and practice flexibility. Activities include cooking classes, craft nights, going out to eat, and so much more! Open to individuals of all abilities, participants can bring a staff member or caregiver if extra support is needed. You can sign up for the full series or choose individual activities.



**Age:** 18+

**Date:** Wednesdays, April 9 - May 28

**Time:** 6:30 - 8:00 p.m. *(unless noted)*

**Fee for ALL the events:** \$70 resident / \$75 non-resident

## WNS1: SPRING GAMES T

Kick off spring with exciting outdoor games and fun activities.

DAYS	DATE	TIME
Wed.	4/9	6:30-8:00 p.m.
Location	SLP Rec Center: Banquet Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
<b>FEE</b>	\$10 resident / \$11 non-resident	

## WNS2: GARDENING T

Get your hands dirty while learning gardening tips and creating your very own springtime planter.

DAYS	DATE	TIME
Wed.	4/16	6:30-8:00 p.m.
Location	SLP Rec Center: Gallery Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
<b>FEE</b>	\$15 resident / \$17 non-resident	

## WNS3: EGG COLORING

Unleash your creativity with vibrant egg decorating just in time for celebrations.

DAYS	DATE	TIME
Wed.	4/23	6:30-8:00 p.m.
Location	Brooklyn Park Community Activity Center: Grand Room 1; 5600 85th Ave. N, Brooklyn Park, MN 55443	
Age	18+	
<b>FEE</b>	\$10 resident / \$11 non-resident	

## WNS4: EARTH DAY T

Celebrate Earth Day with eco-friendly activities and crafts that honor our planet.

DAYS	DATE	TIME
Wed.	4/30	6:30-8:00 p.m.
Location	SLP Rec Center: Gallery Room; 3700 Monterey Dr., St. Louis Park, MN 55416	
Age	18+	
<b>FEE</b>	\$10 resident / \$11 non-resident	

## WNS5: COOKING NIGHT T

Build your perfect burrito bowl in this fun, interactive cooking session.

DAYS	DATE	TIME
Wed.	5/7	6:30-8:00 p.m.
Location	Sandburg Middle School: Room 226 (enter through door 1); 2400 Sandburg Ln., Golden Valley, MN 55427	
Age	18+	
<b>FEE</b>	\$19 resident / \$22 non-resident	

## WNS6: YOGA AND GUIDE MEDITATION

Relax, stretch, and refresh your mind with a calming yoga and meditation class.

DAYS	DATE	TIME
Wed.	5/14	6:30-8:00 p.m.
Location	Plymouth Community Center: Studio 2A; 14800 34th Ave. N, Plymouth, MN 55447	
Age	18+	
<b>FEE</b>	\$10 resident / \$11 non-resident	

## WNS7: EAT AT BLAZE PIZZA T

Come hungry, get creative with toppings, and enjoy pizza perfection your way! **Please bring \$15-\$25 to order off the menu.**

DAYS	DATE	TIME
Wed.	5/21	6:30-8:00 p.m.
Location	Blaze Pizza; 8126 MN-7, St. Louis Park, MN 55426	
Age	18+	
<b>FEE</b>	\$10 resident / \$11 non-resident	

## WNS8: NATURE WALK

Perfect for beginners & experienced painters, this guided session will walk you through each stage of creating your own masterpiece.

DAYS	DATE	TIME
Wed.	5/28	6:30-8:00 p.m.
Location	French Regional Park; 12605 Rockford Rd., Plymouth, MN 55441	
Age	18+	
<b>FEE</b>	\$10 resident / \$11 non-resident	





5900 Green Oak Drive, Suite 303  
 Minnetonka, MN 55343  
 Office: 952-200-3030  
 Fax: 952-229-4468  
[info@reachforresources.org](mailto:info@reachforresources.org)  
[reachforresources.org](http://reachforresources.org)



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# Reach Bowl-A-Thon

This year, we're merging with Bowling for Buses to bring you one epic bowling fundraiser. It's going to be an afternoon filled with strikes, spares, and plenty of good old-fashioned fun! Join us for some friendly competition, lots of laughs, and quality time with friends. Whether you're a bowling pro or just along for the fun, your participation will help us raise vital funds for our Trail transportation service and Adaptive Recreation & Inclusion programs.

New  
 Location!

Saturday, March 29 | 1:00 - 4:00 p.m.  
 AMF Southtown Lanes | 7941 Southtown Dr., Bloomington  
 Fee: \$40 by March 1 | \$50 after March 1 | \$20 Lunch only

Learn more: [reachforresources.org/BAT](http://reachforresources.org/BAT)



Sponsor a Bowler





# REGISTRATION FORM — SPRING 2025



Name: \_\_\_\_\_ Pronouns: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_

Allergies/Diet/Accessibility: \_\_\_\_\_

Race/Ethnicity:  American Indian/Alaska Native  Asian  Black/African American  Hispanic/Latino/a  Middle Eastern/North African  Native Hawaiian/Pacific Islander  White/Caucasian  Other (optional)

## Am I a "Resident"?

Our adaptive recreation program is a cooperative effort with the below cities. If you live in another city, please pay the non-resident fee.

- Brooklyn Center
- Chanhassen
- Golden Valley
- Maple Grove
- St. Louis Park
- Brooklyn Park
- Edina
- Inver Grove Heights
- Plymouth

Cooking & Crafts (page 7)	Resident/Non-Resident
<input type="checkbox"/> Cooking Night - Faux Fried Chicken: 5/20	\$20 / \$21 <input type="checkbox"/> Need TRAIL Ride
<input type="checkbox"/> Cooking Night - Sausage Gnocchi: 4/8	\$20 / \$21 <input type="checkbox"/> Need TRAIL Ride
<input type="checkbox"/> Craft - Mother's Day Scrabble Tiles: 4/17	\$16 / \$18 / \$10 companion # of Companions _____ <input type="checkbox"/> Need TRAIL Ride
<input type="checkbox"/> Craft - Spring Gnomes: 5/13	\$16 / \$18 / \$10 companion # of Companions _____
<input type="checkbox"/> Rec Desk Training: 4/8	FREE
Sports & Recreation (page 8)	Resident/Non-Resident
<input type="checkbox"/> Adaptive Yoga: Starts 4/17	\$40 / \$44
<input type="checkbox"/> Bowl-A-Thon: 3/29	\$40 (before 3-1)/\$50 (after 3-1) / \$20 (lunch only) <input type="checkbox"/> Payment Included <input type="checkbox"/> Pay At Event # of Bowlers _____ Shirt Size _____ # of Lunch Only _____ <input type="checkbox"/> Need TRAIL Ride <input type="checkbox"/> Lane Bumpers <input type="checkbox"/> Bowling Ramp
<input type="checkbox"/> Bowling - New Hope: Starts 4/5	\$84 / \$93 <input type="checkbox"/> Lane Bumpers <input type="checkbox"/> Bowling Ramp
<input type="checkbox"/> Bowling - Park Tavern: Starts 4/5	\$84 / \$93 <input type="checkbox"/> Lane Bumpers <input type="checkbox"/> Bowling Ramp <input type="checkbox"/> Need TRAIL Ride
<input type="checkbox"/> MN Twins Game: 5/20	\$26 # of Companions _____
<input type="checkbox"/> Puzzlers Puzzle Group: Starts 4/29	\$48 / \$54

Games & Movies (page 9)	Resident/Non-Resident
<input type="checkbox"/> Bingo (1): 3/27	\$10 <input type="checkbox"/> Need TRAIL Ride
<input type="checkbox"/> Bingo (2): 5/6	\$10 <input type="checkbox"/> Need TRAIL Ride
<input type="checkbox"/> Bingo & Pizza (1): 4/18	\$18 / \$20 / \$9 companion # of Companions _____
<input type="checkbox"/> Bingo & Pizza (2): 5/16	\$18 / \$20 / \$9 companion # of Companions _____
<input type="checkbox"/> Card Playing Group: Starts 4/2	\$40 / \$44
<input type="checkbox"/> Snacks & Cinema - Fantastic Beasts: 4/1	\$6 / \$8 <input type="checkbox"/> Need TRAIL Ride
<input type="checkbox"/> Snacks & Cinema - The Sandlot: 5/8	\$6 / \$8

Social Activities (page 10)	Resident/Non-Resident
<input type="checkbox"/> Bach to Rock (1): Starts 3/24	\$32 / \$36
<input type="checkbox"/> Bach to Rock (2): Starts 4/7	\$64 / \$72
<input type="checkbox"/> Bach to Rock (3): Starts 5/5	\$64 / \$72
<input type="checkbox"/> Flower Power Spring Dance: 4/25	\$10 pre-registration required
<input type="checkbox"/> Half Day Excursion: 4/26	\$40 / \$44 / \$15 companion # of Companions _____
<input type="checkbox"/> Social Seekers: Starts 4/3	\$140 / \$150

Teen Explorers (page 11)	Resident/Non-Resident
<input type="checkbox"/> TE1 - Games & Cookies: 4/4	\$10 / \$11
<input type="checkbox"/> TE2 - Nature Crafting: 4/21	\$15 / \$17 <input type="checkbox"/> Need TRAIL Ride
<input type="checkbox"/> TE3 - Flowers & Photos: 5/22	\$10 / \$11 <input type="checkbox"/> Need TRAIL Ride

	Wednesday Night Social (WNS) - Age 18+	Resident/Non-Resident
<input type="checkbox"/>	Wednesday Night Social - ALL Programs	\$70 / \$75
<input type="checkbox"/>	WNS1 - Spring Games: 4/9	\$10 / \$11 <input type="checkbox"/> Need TRAIL Ride
<input type="checkbox"/>	WNS2 - Gardening: 4/16	\$15 / \$17 <input type="checkbox"/> Need TRAIL Ride
<input type="checkbox"/>	WNS3 - Egg Coloring: 4/23	\$10 / \$11
<input type="checkbox"/>	WNS4 - Earth Day: 4/30	\$10 / \$11 <input type="checkbox"/> Need TRAIL Ride
<input type="checkbox"/>	WNS5 - Cooking Night: 5/7	\$19 / \$22 <input type="checkbox"/> Need TRAIL Ride
<input type="checkbox"/>	WNS6 - Yoga & Meditation: 5/14	\$10 / \$11
<input type="checkbox"/>	WNS7 - Eat at Blaze Pizza: 5/21	\$10 / \$11 <input type="checkbox"/> Need TRAIL Ride
<input type="checkbox"/>	WNS8 - Nature Walk: 5/28	\$10 / \$11

## PHOTO WAIVER

To photograph this participant for use in the agency's publicity by using printed material, photographs, videos, website images, photo displays, newsletters, TV, radio, Internet, brochures and social networking media.

Can be photographed: Yes  No

First name can be used: Yes  No

<b>Program Total:</b>	\$
<b>Donation to Reach</b> <i>(Optional):</i>	\$
<b>Total Enclosed:</b>	\$
<input type="checkbox"/> Cash <input type="checkbox"/> Waiver <input type="checkbox"/> Check # _____	
<input type="checkbox"/> Credit Card # _____	
Expiration Date: _____ Security Code: _____	
Name on Card: _____	
Billing Address (if different than registration address): _____ _____	
<p><b>Sign here to acknowledge that you have read and understood the Program Policies and you agree to be bound by them. Participants and/or caregivers or guardians can sign.</b></p>	
Participant Signature: _____	
Caregiver or Guardian: _____	

Please send completed form with payment to:  
 Reach for Resources  
 5900 Green Oak Drive, Suite 303  
 Minnetonka, MN 55343  
 Fax: 952-229-4468 • info@reachforresources.org  
**Online registration: reach.recdesk.com**

	Independent Adult Program (IAP) - Age 18+	Resident/Non-Resident
<input type="checkbox"/>	IAP1 - Mini Golf: 3/31	\$15 / \$17
<input type="checkbox"/>	IAP2 - Fairy Houses: 4/10	\$15 / \$17
<input type="checkbox"/>	IAP3 - Earth Day: 4/22	\$10 / \$11 <input type="checkbox"/> Need TRAIL Ride
<input type="checkbox"/>	IAP4 - Goat Yoga: TBD	\$15 / \$17
<input type="checkbox"/>	Check this box to receive a booking link for an IAP intake.	

	Therapeutic Programs	Resident/Non-Resident
<input type="checkbox"/>	RT - Dance Workout (1): Starts 4/4	\$163.20 <input type="checkbox"/> In Person <input type="checkbox"/> Virtual <input type="checkbox"/> Bill My Waiver
<input type="checkbox"/>	RT - Dance Workout (2): Starts 5/2	\$163.20 <input type="checkbox"/> In Person <input type="checkbox"/> Virtual <input type="checkbox"/> Bill My Waiver
<input type="checkbox"/>	RT - Monday Funday (1): Starts 3/31	\$244.80 <input type="checkbox"/> Bill My Waiver
<input type="checkbox"/>	RT - Monday Funday (2): Starts 4/28	\$244.80 <input type="checkbox"/> Bill My Waiver
<input type="checkbox"/>	RT - Music Therapy - Adults: Starts 4/9	\$340 <input type="checkbox"/> Bill My Waiver
<input type="checkbox"/>	RT - Music Therapy - Teens: Starts 4/8	\$340 <input type="checkbox"/> Bill My Waiver
<input type="checkbox"/>	RT - Music Therapy - Youth: Starts 4/8	\$340 <input type="checkbox"/> Bill My Waiver
<input type="checkbox"/>	RT - Small Group Painting: Starts 4/30	\$244.80 <input type="checkbox"/> Bill My Waiver

	On The Town: All Abilities (OTTA) - Age 18+	Resident/Non-Resident
<input type="checkbox"/>	OTTA1 - Tie-Dye Night: 4/7	\$13 / \$14
<input type="checkbox"/>	OTTA2 - Scavenger Hunt: 4/15	\$10 / \$11
<input type="checkbox"/>	OTTA3 - Dinner at Nongs Thai: 4/24	\$10 / \$11 <input type="checkbox"/> Need TRAIL Ride
<input type="checkbox"/>	OTTA4 - Minute To Win It: 5/5	\$12 / \$13
<input type="checkbox"/>	OTTA5 - Sundaes & Jeopardy: 5/15	\$12 / \$13 <input type="checkbox"/> Need TRAIL Ride
<input type="checkbox"/>	OTTA6 - Seed Paper: 5/27	\$10 / \$11

### Digital Newsletter Sign Up

Subscribe to our monthly email newsletter.

Name: \_\_\_\_\_

Email: \_\_\_\_\_